Senior Resources - Agency on Aging
19 Ohio Avenue, Suite 2
Norwich, CT 06360
860-887-3561
www.SeniorResourcesEC.org


North Central Area Agency on Aging
151 New Park Ave., PO Box 75
Hartford, CT 06106
860-724-6443
www.ncaact.org


Agency on Aging of South Central CT
One Long Wharf Drive
New Haven, CT 06511
203-785-8533
www.aapartnerships.org


Southwestern CT Agency on Aging
10 Middle Street
Bridgeport, CT 06604
203-333-9288
www.swcaa.org


Western CT Area Agency on Aging
84 Progress Lane
Waterbury, CT 06705
203-757-5449
www.wcaaa.org


Call CHOICES at your Area Agency on Aging Toll Free 1-800-994-9422

CHOICES programs are managed by the CT Department of Social Services, Aging Services Division (State Unit on Aging) and administered through the Center for Medicare Advocacy and Connecticut’s Area Agencies on Aging. Programs are funded by grants from the State of Connecticut, Centers for Medicare and Medicaid Services (CMS) and the Administration on Aging.
YOU HAVE CHOICES

To make informed health insurance decisions.

State Health Insurance Assistance Program (SHIP)

CHOICES staff and volunteer counselors have extensive training and experience helping individuals to understand health insurance issues including:
- Medicare
- Medicaid
- Prescription Drug Benefits
- Supplemental Medigap Policies
- Long-Term Care Insurance Policies

Counselors do not sell insurance or recommend one plan over another.

To prevent, detect and report healthcare fraud and abuse.

Senior Medicare Patrol (SMP)

CHOICES counselors and volunteers help Medicare beneficiaries and their families become better informed healthcare consumers. They empower consumers and help protect them from becoming victims of scam artists by teaching them to recognize and report healthcare fraud.

CHOICES SHIP and SMP counselors provide free and objective information by phone and in person at sites throughout the state. They also provide individual guidance for handling suspected fraud and scams.

To manage your quality of life.

Information and Referral Counseling

CHOICES is a one-stop shop for information about aging and long-term care services, referring consumers to appropriate agencies and programs that provide services to address many problems and concerns encountered by older adults, people with disabilities, their families, and caregivers, such as:
- Adult Day Centers
- Housing Options
- Transportation
- Elder Abuse and Exploitation
- Nutrition Services
- Legal Matters

CHOICES also offers counseling on options for long-term care.

To receive the benefits you are entitled to.

Eligibility Screening

Using Benefits Check-Up, CHOICES counselors provide information and preliminary screening for more than 20 federal and state programs that may help pay for some prescription drugs, healthcare, utilities, and other needs.

To make a difference in your community.

Volunteer Opportunities

CHOICES trains volunteers for the gratifying work of helping seniors and other Medicare beneficiaries and their families to better understand all of their options for current and long-term needs. To learn more about becoming a CHOICES volunteer, call 1-800-994-9422.